

Clothing List

This is general guidance for a 5 day residential visit and will need to be adjusted for shorter visits and with certain prevailing weather conditions

All Year

1 Pair of shoe/boot or trainers for rough walking/ sports
1 Pair of indoor shoes or slippers
5 Pairs of socks
5 Changes of underclothes
1 Warm anorak/coat
3 Pairs of trousers/jeans or tracksuit bottoms
3 Long sleeved pullovers/sweatshirts or jumpers
5 Shirts/ t-shirts or blouses
1 Nightdress or pyjamas
1 face flannel
1 bar of soap/shampoo/shower gel
1 towel
Brush/comb
Toothbrush and Toothpaste

In Summer

Extra T-shirts
2 pairs of shorts
Sun block
Baseball cap/sun hat

In Winter

1 Warm hat
1 Scarf
1 pair of mittens/gloves
Extra socks